



21 PRAYER *Days* FASTING & -

DEEP CALLS TO DEEP – PSALMS 42:7

Introduction

Welcome to our fasting and prayer devotional!

Twice a year we get together as a church to fast and pray for upcoming seasons and to intentionally seek God's will for our lives. Many times it can also be the chance to cry out to Him in a trial or tribulation. Whatever the reason, God calls us to do this to get closer to Him and become more like Him.

Using the calendar is not a requirement, but it provides an opportunity to reset and redirect ourselves to grow closer to Jesus spiritually every day. Fasting, spending time in prayer, and purposefully seeking God in all we do should be done regularly, but as fleshly humans we all need to take a moment to get ourselves back on track. When we do this as a community, it helps to encourage each other in this practice and holds us accountable in our intent!

This devotional guide is meant for us to spend twenty-one days praying, looking deeply at a verse the Bible, and reflecting on what God is telling us. We have provided a simple format that can be used in your independent bible study and prayer;

Read, Reflect, and Respond Through Prayer.

We are praying for breakthrough and healing this season for many of us, as well as moving from SURVIVING to THRIVING.

Blessings,

One Step Church Team

Day 1 He Is Enough

Read: 2 Corinthians 12:9 (NIV) “My grace is sufficient for you, for My strength is made perfect in weakness.”

Reflection:_____

Response(Prayer):

Day 2 He Is Approachable

Read: Matthew 7:7-8 (NIV) “Ask, and it will be given to you, seek and you will find. Knock and the door will be opened to you. For everyone who asks receives the one who seeks, finds, and the one who knocks, the door will be opened.”

Reflection:_____

Response(Prayer):_____

Day 3 He Works For You

Read: Romans 8:28 (NIV) “And we know that in all things, God works for the good of those who love Him, who have been called according to His purpose.”

Reflection:_____

Response(Prayer):_____

Day 4 He Knows You

Read: Psalm 139:13-14 (NIV) “You made all the delicate inner parts of my body and knit me together in my mother’s womb. Thank you for making me so wonderfully complete. Your workmanship is marvelous - how well I know it.”

Reflection:_____

Response(Prayer):_____

Day 5 He Fights For You

Read: 1 Samuel 18:47 (NIV) “And everyone assembled here will know that the Lord rescues His people, but not with sword and spear. This is the Lord’s battle, and He will give you to us!”

Reflection:_____

Response(Prayer):_____

Day 6 He Guides You

Read: Proverbs 16:9 (NIV) “We can make our plans, but the Lord determines our steps.”

Reflection:_____

Response(Prayer):_____

Day 7 He Works Through You

Read: John 15:5(NIV) “I am the vine, you are the branches. If you remain in Me and I in you, you will bear much fruit; apart from Me you can do nothing.”

Reflection:_____

Response(Prayer):

Day 8 He Prompts You

Read: Proverbs 4:26-27 (NIV) “Ponder the path of your feet and let all your ways be established. Do not turn to the right or the left, remove your foot from evil”

Reflection:_____

Response(Prayer):

Day 9 He Can Be Trusted

Read: John 14:1-2 (NIV) “Don’t let your hearts be troubled. Trust in God, and trust also in me. There is more than enough room in my Father’s home. If this were not so, would I have told you that I am going to prepare a place for you?”

Reflection:_____

Response(Prayer):

Day 10 He Directs You

Read: Proverbs 3:4-6 (NIV) “Trust in the Lord with all your heart and lean not on your own understanding. In all your ways acknowledge Him, and He will direct your path.”

Reflection:_____

Response(Prayer):_____

Day 11 He Provides

Read: Deuteronomy 8:17-18 (NIV) “Then you say in your heart, ‘My power and the might of my hand have gained me this wealth.’ “And you shall remember the Lord your God, for it is He who gives you power to get wealth, that He may establish His covenant which He swore to your fathers, as it is this day.”

Reflection:_____

Response(Prayer):_____

Day 12 He Justifies You

Read: Romans 8:30-31 (NIV) “And those He predestined, He also called; those He called, He also justified; those He justified, He also glorified.”

Reflection:_____

Response(Prayer):

Day 13 He Gives Wisdoms

Read: James 1:5 (NIV) “If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.”

Reflection:_____

Response(Prayer):_____

Day 14 He Strengthens You

Read: Isaiah 41:10 (NIV) “So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.”

Reflection:_____

Response(Prayer):_____

Day 15 He Empowers You

Read: 2 Corinthians 12:9 (NIV) “But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore, I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me.”

Reflection:_____

Response(Prayer):_____

Day 16 He Is With You

Read: Joshua 1:9 (NIV)“Have I not commanded you?Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.”

Reflection:_____

Response(Prayer):_____

Day 17 He Brings Peace

Read: Romans 15:13 (NIV) “May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.”

Reflection:_____

Response (Prayer):_____

Day 18 He Renews You

Read: Isaiah 40:31 (NIV) “But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.”

Reflection:_____

Response(Prayer):

Day 19 He Loves You

Read: 1 Corinthians 13:13 (NIV) “And now these three remain: faith, hope, and love. But the greatest of these is love.”

Reflection:_____

Response(Prayer):

Day 20 He Is Perfect

Read: 1 John 4:18 (NIV) “There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.”

Reflection:_____

Response(Prayer):_____

Day 21 He Forgives You

Read: Ephesians 4:32 (NIV) “Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.”

Reflection:_____

Response(Prayer):_____

In closing..

We hope this devotional guided you into a deeper understanding of God's plans for you. We would love for you to share any testimonies you may have after finishing your prayer and fasting time. **Tag us on IG, X, or Facebook @onestepchurch**

Do not let this practice of periodic prayer and fasting be rare; as we intentionally seek God, we hear His voice more clearly. Our priority and focus should always be on Jesus first, allowing everything else in our world to fall into place (Matthew 6:33). We must work every day to keep distractions from God at bay.

As a church, we are here for you, whether you need prayer, a talk, or even a hug and a smile. God will use you mightily for His purpose here on Earth, but He wants you to seek Him!

Email: prayer@onestepchurch.com

Growing in Christ with you,

Pastors Rich and Yoly

www.onestepchurch.com